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Traditional medicinal knowledge about *Cochlochila bullita* (Stål) [Hemiptera: Tingidae] feeding on *Coleus aromaticus*, in Chhattisgarh, India. Updated Version.

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Traditional medicinal knowledge about *Cochlochila bullita* (Stål) [Hemiptera: Tingidae] feeding on *Coleus aromaticus*, in Chhattisgarh, India. Updated Version.

Pankaj Oudhia

Introduction

Entomophagy and Entomotherapy are well known in Asia since generations. Unfortunately not much work has been done to document valuable Traditional Medicinal Knowledge about Insects. Pankaj Oudhia is documenting this knowledge since year 1990. The present note “Traditional medicinal knowledge about *Cochlochila bullita* (Stål) [Hemiptera: Tingidae] feeding on *Coleus aromaticus*, in Chhattisgarh, India.” is updated version of his previously published online research document available through pankajoudhia.com.

Keywords: Entomophagy; Entomotherapy; Medicinal Insects; Ayurveda; Chhattisgarh;

According to the reference literatures, Pathharchur (*Coleus aromaticus*) is a common hairy herb native to Indonesia. Its leaves are used for flavouring food products. In Chhattisgarh, it is well known herb. For the traditional healers it is a source of valuable medicine. Since generations it is in use in treatment of Renal calculi. Its Hindi name Pathharchur (Patthar-Stone; Chur - to crush), is clear indication of its medicinal uses. In Chhattisgarh, it is present in wild. Also, recently the cultivation of coleus species has started commercially. Many insect species attack on wild population of *Coleus aromaticus*. *Cochlochila bullita* is one of these insect species. According to the reference literatures, this is a highly destructive pest of *Coleus aromaticus*. The adult is black with hyaline wings. Its thorax has dorsally hollow globular outgrowths, trelliced in design and curved inwards as hollow globules form the other margin of the thorax. The eggs are thrust within the veins or edges of the leaves. The nymphs are flat, black and spinous. All stages of the bug are seen on the leaves sucking sap from them. The infested leaves curl, wither and finally dry up. Besides, medicinal properties and uses of *Coleus*, the traditional healers of *Coleus* rich region of Chhattisgarh are also aware of medicinal uses of *Cochlochila* feeding on it. Through the Ethno-entomological surveys conducted among them, I have collected valuable information on this aspect. The traditional healers use both nymphs and adult bugs in form of powder in treatment of Mirgi (Epilepsy). Its use during attack is most common. During attack, the powder in burnt and the fumes are directed towards the patients. Many times it is used in combination with medicinal herbs, mainly Bach (*Acorus calamus*) and Jatamansi (*Nardostachys jatamansi*). Besides healers, many natives are also aware of these uses. During the surveys, I observed the insect powder with the herb vendors. They sell it to the traditional healers and interested natives of neighbouring states. In treatment of Mirgi, the nymphs and adults are used in another way. The freshly collected nymphs and adults are boiled in base oil (as base oil mustard seed oil is used) and when all watery contents evaporate the boiling is stopped and special oil is kept for future use. This oil is used both as curative (during attack) and preventive to Mirgi. Two-three drops of oil are applied into the nostrils as treatment. Most of the healers consider it more promising than the insect powder. The traditional healers are not aware of its other traditional medicinal uses.

The above mentioned traditional medicinal uses have yet not been reported in reference literatures. The present research article is the first written document on this aspect.

New Comments added on June 2014

Through recent surveys I have collected information about over 2000 Formulations in which Cochlochila collected from Coleus is added as important ingredient. These Formulations are used in treatment of different diseases. In Ochna, Ailanthus and Commiphora based Formulations for Vitality it is added as tertiary ingredient. In Aglaia, Abrus, Boswellia and Garuga based Formulations it is added as quaternary ingredient. These Formulations are used in treatment of Kidney diseases. In Canarium, Commelina, Bryophyllum and Melia based Formulations it is added as senary ingredient. These Formulations are used in treatment of skin diseases. In treatment of Allergies the Traditional Healers use Swietenia and Xylocarpus Formulations. Cochlochila is added as quinary ingredient in these Formulations. In Olax, Cynodon and Woodfordia based Formulations for Diabetes Complications Cochlochila is added as septenary ingredient. In case of Xanthium Overdose the Healers of Chhattisgarh use Cassine and Salacia based Formulations. Cochlochila is added as octonary ingredient in these Formulations. In case of Trombidium Toxicity the Healers use Ipomoea based Formulations. Cochlochila is added as denary ingredient in these Formulations. For information on complete Formulations and dosage please visit pankajoudhia.com

Thank you very much for reading the article.

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